

## **GOLDEN CHAIN**

I am a link in Amida's golden chain of love that stretches around the world. I will keep my link bright and strong;

I will be kind and gentle to every living thing, and protect all who are weaker than myself;

I will think pure and beautiful thoughts, say pure and beautiful words, and do pure and beautiful deeds;

May every link in Amida's golden chain of love be bright and strong, and may we all attain perfect peace.

## **BENEDICTION**

We surround all men and all forms of life with infinite love and compassion. Particularly, do we send forth loving thoughts to those in suffering and sorrow, to all those in doubt and ignorance, and to those whose feet are standing close to the great change men call death, we send forth oceans of wisdom, mercy, and love.