



LIABILITY WAIVER AND RELEASE AGREEMENT

1. I wish to participate in the Move 'n Groove with Seniors classes (Program) taking place at the Venice Hongwanji Buddhist Temple (VHBT).
2. I understand that in order to be allowed to participate in all activities set forth by the Program, I agree to assume all risks and to release and hold harmless the Venice Hongwanji Buddhist Temple, its directors, officers, minister, instructors, volunteers, participating communities and organizations such as Girl Scouts, (Collectively the "Released Parties").
3. I intend by this Liability Waiver and Release Agreement to release in advance, and to waive any and all claims, actions, or judgments and discharge all persons and entities mentioned above, from claims or liability for physical injuries and personal and/or property damage resulting from my participation in the Program, including entry to and from the facility and property of VHBT, and use of any equipment.
4. I acknowledge that I am physically capable of participating in this Program and take full responsibility for my health and safety. I understand that I am responsible for monitoring my own condition during the program and should any unusual symptoms occur, I will cease my participation and inform the staff of the symptoms.
5. I agree to allow the instructor(s), volunteer(s), and organization(s), to use my likeness in photographs, videos, and other media for the purpose relating to presentation of Program/project, or in promotion/advertising of Program.
6. I have carefully read the Waiver and Release, and fully understand its contents, consent to its terms, and authorize my participation by signing below, and am signing of my own free will.

Print name: _____

Signature: _____

Date: _____